

NEW FOR  
2023/24

## Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a not-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.



## Something For Everyone

Welcome to our new menu! We had some great feedback about our last one, so we've built the new menu to include some favourite dishes and have created plenty of exciting and innovative ones.

We're always thinking about the ingredients in our meals, and our recipes are designed to be inclusive and suitable for children with a range of tastes and requirements.

- 👍 Variety of Plant-based Foods
- 👍 More 'Free From' dishes, including our new No-Egg Cakes & Desserts
- 👍 Fewer Allergens to Increase Choice
- 👍 Supporting Faith & Lifestyle Diet Types
- 👍 Buying Sustainably & Reducing Waste

## There is such a thing as a FREE SCHOOL LUNCH

School meals for Reception, Years 1 & 2 are **FREE** regardless of circumstances.

They are worth over £450 per child, each year.\* Older children in Years 3 - 6 may still be entitled to free school meals.

### WHY NOT APPLY TO FIND OUT?

TO APPLY FOR FREE SCHOOL MEALS PLEASE VISIT:

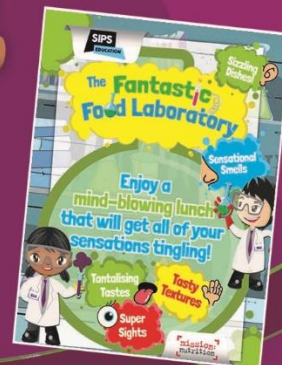
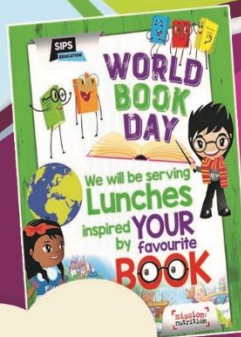
[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



## Food THEME DAYS add fun and inspire children to try a school meal!

Check out our exciting theme days!

Here are some you can look forward to.





**Monday**



**Tuesday**



**Wednesday**



**Thursday**



**Friday**



**Dates:**



**Week 1**

Cheesy Quesadilla, Sweetcorn,  
Green Beans or Salad

Fishless Fingers, Sweetcorn,  
Green Beans or Salad

Baked Apple Sponge & Custard  
Muller Yoghurt

Chicken Meatballs & Gravy, Mashed  
Potato, Broccoli, Vegetable Medley

Cheese & Tomato Pasta Bake  
served with Salad.

Brownie Bites & Mandarin Oranges  
Vanilla Ice Cream

Brunch Lunch (Sausage, Beans,  
Omelette, Hash Brown)

Veggie Brunch (Veggie Sausage,  
Beans, Omelette, Hash Brown)

Chocolate Crispies  
Fruit Jelly

Cajun Chicken with Pineapple Salsa,  
Pasta, Sweetcorn or Assorted Salad

Margherita Pizza, Pasta, Sweetcorn  
or Assorted Salad

Oat & Raisin Cookie  
Muller Yoghurt

Fishless Fingers, Chips, Peas, or  
Salad

Quorn Vegan Nuggets, Chips,  
Peas or Salad

Cornflake Tart & Custard  
Strawberry Mousse

**2023:** 05/06. 26/06. 17/07. 04/09.  
25/09. 16/10. 13/11. 04/12.

**2024:** 08/01. 29/01. 26/02. 18/03



**Week 2**

Quorn Southern Style Burger,  
Savoury Rice, Green Beans or  
Salad

Margherita Pizza Pasta Bake,  
Green Beans or Salad

Arctic Roll  
Chocolate Mousse

Roast Chicken & Gravy, Roast  
Potatoes, Broccoli, Carrots

Dahl, Bombay Potatoes, Naan  
Bread or Salad

Oaty Apple Crumble & Custard  
Frozen Strawberry Yoghurt

Chilli & Cheese Loaded Wedges,  
Peas, Sweetcorn or Salad

Sticky Sausage, Loaded Wedges,  
Peas, Sweetcorn or Salad

Chocolate Cookie  
Muller Yoghurt

Pepperoni Pizza or Loaded Pizza,  
Sauté Potatoes or Assorted Salad

Jacket Potato with Tuna mayo

Vegan Fruit Muffin (vg)  
Fruit Jelly

Quorn Vegan Nuggets, Chips &  
Baked Beans

Pork Sausage, Chips, Baked  
Beans

Iced Shortbread Biscuit  
Muller Yoghurt

**2023:** 12/06. 03/07. 24/07. 11/09.  
02/10. 23/10. 20/11. 11/12.

**2024:** 15/01. 05/02. 04/03



**Week 3**

Fishless Fingers, Mashed  
Potatoes, Peas, Carrots

Mac 'n' Cheese, Herby Bread,  
Peas, Carrots or Salad

Chocolate & Cherry Muffin  
Muller yoghurt

Chicken Curry, Brown & White  
Rice, Naan Bread or Salad

Vegetable Curry, Brown & White  
Rice, Naan Bread or Salad

Lemon Slice & Custard  
Fruit Jelly

Pork Sausage, Jacket Wedges,  
Spaghetti Hoops or Sweetcorn

Vegetarian Sausage, Jacket Wedges,  
Spaghetti Hoops or Sweetcorn

Apple Flapjack & Custard  
Vanilla Ice Cream Tub

Beef Bolognese with Pasta & Garlic  
Bread or Salad

Margherita Pizza, Pasta, Coleslaw  
or Assorted Salad

Sprinkle Tray Bake & Custard  
Very Berry Mousse

Quorn Vegan Nuggets, Chips,  
Mushy Peas or Salad

Savoury Pastry Roll, Chips,  
Mushy Peas or Salad

Melting Moment  
Muller Yoghurt

**2023:** 19/06. 10/07. 18/09. 09/10.  
27/11. 18/12.

**2024:** 22/01. 19/02. 11/03

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.

Fruit and  
water  
served  
daily

